

Letter

Welcome to Personalized Psychiatry and Neurology

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Ladies and gentlemen, esteemed colleagues,

It is my great honor and pleasure to welcome you all to the launch of groundbreaking new journal, "Personalized Psychiatry and Neurology." As medical professionals, researchers, and enthusiasts, our shared goal is to improve the lives of patients suffering from psychiatric and neurological disorders. I believe that this journal will play a critical role in advancing that mission by providing a platform for the exchange of cutting-edge research, innovative ideas, and thought-provoking discussions on personalized medicine within these two crucial fields.

The importance of personalized medicine in psychiatry and neurology cannot be overstated. For far too long, patients with mental health disorders and neurological conditions have been treated using a one-size-fits-all approach, resulting in suboptimal outcomes, unnecessary suffering, and a healthcare system that is stretched to its limits. In recent years, however, advancements in genomics, neuroimaging, and computational methods have laid the groundwork for a new era of personalized medicine, where interventions are tailored to the unique needs, preferences, and genetic makeup of each patient.

I am sure that the journal, "Personalized Psychiatry and Neurology," will be at the forefront of this revolution in medical care. It will showcase the latest research in areas such as precision diagnostics, targeted therapeutics, and individualized treatment plans, to name just a few. By sharing this knowledge, we aim to foster a collaborative environment in which medical professionals from various disciplines can come together to develop new techniques, refine existing practices, and ultimately, provide better care for patients in need.

Furthermore, I hope that the journal "Personalized Psychiatry and Neurology" will give a voice to the patient perspective, ensuring that our approach to personalized care is not only grounded in scientific rigor but also informed by the experiences and insights of those who are most directly affected by these conditions. By engaging with patients and their families, we can better understand the impact of psychiatric and neurological disorders on daily life, and devise treatment strategies that are both effective and sensitive to individual needs.

In addition to featuring empirical research and case studies, I think the journal will also explore the ethical, legal, and social implications of personalized medicine in psychiatry and neurology. As we move towards an era of increasingly tailored treatments, it is imperative that we engage in robust and open debates about the potential benefits and challenges of these new approaches. Topics such as data privacy, access to care, and the potential for exacerbating existing health disparities are just a few of the many critical issues that warrant our attention and discussion.

In closing, I want to express my heartfelt gratitude to each and every one of you for your support and enthusiasm for "Personalized Psychiatry and Neurology." Your dedication to advancing our understanding of these complex disorders and improving patient outcomes is truly inspiring. I am confident that, together, we can help to usher in a new era of personalized medicine that will transform the lives of countless individuals living with psychiatric and neurological conditions.

Thank you for being together on this exciting journey, and welcome to "Personalized Psychiatry and Neurology".

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in the Republic of Kazakhstan,
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