

Event

Personalized psychiatry: achievements and prospects

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The XVII Congress of Russian Psychiatrists in cooperation with the International Congress of the World Psychiatric Association (WPA) "An Interdisciplinary Approach to the Comorbidity of Mental Disorders on the Path to Integrative Treatment" was held in St. Petersburg (Russia) on May 15-18, 2021. More than 1,500 full-time participants and more than 30,000 remote speakers and listeners took part in this scientific event.

The scientific program of the XVII Congress is one of the most ambitious in the history of scientific events in Russian psychiatry. More than 50 scientific events (breakout sessions, symposia, round tables) were held within this framework. Various aspects of fundamental, general, clinical and social psychiatry were presented. In addition, a wide range of special issues in the field of child and geriatric psychiatry, forensic psychiatric examination and military psychiatry, addiction psychiatry, neurology, suicidology and sexology, gender characteristics of mental health, as well as the legal framework for the provision of psychiatric care and interaction with social institutions and public organizations in order to maintain and enhance mental and psychological health were discussed.

Within the framework of the XVII Congress of Russian Psychiatrists, the Congress of the Russian Society of Psychiatrists was also held, at which the results of the five-year period of the society's work were summed up and the prospects for further development were outlined. The report also presented the results of the work of the Personalized Psychiatry Workshop (PPW) of the Russian Society of Psychiatrists. The purpose of PPW is to develop and introduce into clinical practice innovative technologies for personalizing the treatment of mental disorders; implementation of fundamental, experimental, preclinical and clinical research in the field of psychopharmacogenetics and translation of the results into real clinical practice.

The Symposium "Personalized Psychiatry" was held on May 18, 2021. A wide range of specialists (psychiatrists, narcologists, neurologists, clinical pharmacologists, geneticists), developers of pharmacogenetic test systems and specialists in the field of IT technologies took part in this event. The President of the Russian Society of Psychiatrists, Professor Nikolaj G. Neznanov, welcomed the speakers and participants of the symposium. The speakers were leading Russian scientists in the field of personalized medicine, pharmacogenomics, pharmacoeconomics, clinical and biological psychiatry, speakers from leading Russian and foreign scientific centers. Topics of this symposium were: a personalized approach in psychiatry; achievements, problems and prospects of biological therapy of mental disorders; organizational and pharmacoeconomic aspects of personalized psychiatry and neurology; development of pharmacogenetic test systems; exchange of experience in the implementation of pharmacogenetic decision support systems for the optimization of psychopharmacotherapy.

Keynote speeches from leading speakers highlighted these important aspects of personalized psychiatry. The speakers were:

- P.V. Morozov, Doctor of Medical Sciences, Professor of the Department of Psychiatry, Pirogov Russian National Research Medical University, Secretary General of the World Psychiatric Association (WPA), member of the Council of the European Psychiatric Association, expert of the Council of Europe, vice-president of the Russian Society of Psychiatrists;
- B.D. Tsygankov, Doctor of Medical Sciences, Professor, Corresponding Member of the Russian Academy of Sciences, Head of the Department of Psychiatry, Addiction and Psychotherapy, Evdokimov Moscow State University of Medicine and Dentistry;
- D.F. Khritinin, Doctor of Medical Sciences, Professor, Corresponding Member of the Russian Academy of Sciences, Professor of the Department of Psychiatry and Neurology of Sechenov First Moscow State Medical University;
- G.P. Kostyuk, Doctor of Medical Sciences, Professor, Chief Physician, Alekseev Psychiatric Clinical Hospital No. 1;
- I.Yu. Yurov, Doctor of Biological Sciences, Professor, Head of the Laboratory of Molecular Genetics of the Brain, National Center for Children's Mental Health;
- Rudolf Ljubičić - Director of the Croatian Institute of Spiritual Psychiatry;
- R.F. Nasyrova, Doctor of Medical Sciences, Head of the Center for Personalized Psychiatry and Neurology of Bekhterev National Medical Research Center for Psychiatry and Neurology;
- N.A. Shnayder - Doctor of Medical Sciences, Professor, Leading Researcher at the Center for Personalized Psychiatry and Neurology of Bekhterev National Medical Research Center for Psychiatry and Neurology;
- K.O. Mironov, Doctor of Medical Sciences, Head of the Scientific Group for the Development of New Methods for Detecting Genetic Polymorphisms of the Central Research Institute of Epidemiology;
- A.R. Asadullin, Doctor of Medical Sciences, Professor of the Department of Psychiatry and Narcology, Bashkir State Medical University;
- And other leading experts.

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First Vice-President of the Russian Society of Psychiatrists